

THREAD LIFT POST TREATMENT PLAN

- It may take 2 weeks or longer for the treatment effect to be noticeable
- Bruising and swelling is normal and expected – if visible, you may use arnica orally and/or topically
- Asymmetry and irregularity of the tissues treated is common and will resolve
- If you experience irregularity or puckering of the skin in the treated areas, you may gently massage those areas using a circular motion. You may repeat this 3 to 5 times a day.
- Avoid exercise for 24 hours after your treatment

When to call our office:

- If you experience increased redness, swelling, or pain at an injection site
- If one or more of the threads begin to extrude.

Please contact us with any questions or concerns.

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