

THE PERFECT PEEL POST TREATMENT PLAN

Day 1 -2

The treated area will feel tight & may appear slightly darker.

The peel solution should remain on the treated area for at least 6 hours.

No make-up should be applied on Day 1.

If you are not experiencing any irritation or discomfort, the peel solution can remain on until your evening cleansing.

The morning of Day 2, gently wash & dry the treated area. Vigorously apply the Post-Peel Treatment to the treated area. Let dry thoroughly. Leave the treatment on. Use the 2nd Post-Peel Treatment that night, do not wash off.

If you are experiencing any irritation or discomfort, apply a small amount of 1% or 2.5% hydrocortisone to the area (2-3 times a day) and/or use a cold compress against the irritated area.

Do not use any moisturizing products on the treated area until peeling begins. (Usually Day 3)

Avoid excessive sweating, sauna or heavy exercise during the peel process.

Day 3-5

Peeling generally begins 48 hours after application.

After peeling begins, apply The Perfect Peel Moisturizer to the peeling areas to control the peeling & relieve the tightness.

Do not rub, pick or pull at the peeling skin, it may cause scarring or hyperpigmentation. Let the peeling occur naturally. Dead skin can be removed with a small scissors if needed.

Gently wash (do not scrub) & dry the treated area morning & night, and apply The Perfect Peel Moisturizer as needed. A sunscreen of at least SPF 30 should be applied every 2 hours for sun exposure.

Day 7 and After

The peeling process is generally complete. Mild sloughing may still occur in some treated areas.

You may resume use of your normal skin care products & protect your skin with a SPF 30.

If the treated area becomes irritated, wait until the sensitivity subsides before resuming daily skin care regimen.

Please contact us with any questions or concerns. We are here to help.

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