

### **Pixel / Skin Resurfacing POST-CARE Instructions**

Pixel Laser Treatment produces side effects, therefore meticulous wound care is crucial after skin resurfacing; below are our recommendations for after treatment care.

#### **DAYS 1 – 2**

Immediately after your treatment, you will experience redness, sometimes pinpoint bleeding, and stinging similar to that of sunburn or windburn. You will notice most of the swelling on the first morning after treatment, particularly under the eyes. Swelling usually lasts 2-3 days. Applying cold compresses to the area and sleeping elevated at night will help to minimize the swelling.

- Immediately after treatment, apply Epionce Priming Oil, and continue use for 2 days after treatment.
- Keep skin moist & hydrated.
- During Days 1 – 2, cleanse with only cool tap water and pat dry. Do not use cleanser of any type.
- Avoid being around harsh chemicals that may cause stinging (peroxide/hair color, alcohol, raw onions, raw hot peppers). If you come in contact with chemicals, wash hands, then rinse face with cool water for relief and re-apply wound healing product.

#### **DAYS 3 – 6**

The redness and blotchy appearance of the most severely damaged areas will start to subside. Your skin may appear more taut and shiny than usually. If you had any pinpoint bleeding, you may notice little dark spots(scabs). Although your skin looks fine, it is important to remember that you still have open wounds and must follow the treatment regime. Your skin will have a sandpaper-like texture, and will be dry as the healing progresses.

- You may begin using Epionce Milky Lotion Cleanser in the morning and at night if you feel you need it. Do not rub skin, be gentle, and rinse thoroughly with cool or lukewarm water.
- Continue to keep skin moist with water, Epionce Priming Oil, and Epionce Medical Barrier Cream. You may soak skin or spray skin with cool water, or apply cool compress if desired. The frequency of soaks and ointment application has decreased as healing has progressed.

#### **DAYS 7 -10**

Your skin is now in the final stages of healing and may feel quite “crusty.” Care must be taken to avoid damage to the new skin.

- Continue using the Epionce Milky Lotion Cleanser with a gentle technique.
- Replace the Epionce Priming Oil with the Medical Barrier Cream & Epionce Enriched Firming Mask, and sunblock during the day. Continue using the ointment or oil at night for extra moisture. Continue keeping the skin moist with water and moisturizer.
- You may use a light exfoliant to remove “crusty” skin for a smooth surface or schedule a dermablading treatment for professional results.

#### **GENERAL INFORMATION**

- Avoid sun exposure before and after treatments as you will be more prone to sunburn.
- If any product that you apply, or chemical that you come in contact with burns or stings, rinse off immediately with cool water and discontinue use of the product.
- If you have any questions or adverse effect, call our office immediately.