

CHEMICAL PEEL POST TREATMENT PLAN

- Once the peeling process has begun, keep skin hydrated with products recommended by your skin care professional.
- Let your skin exfoliate naturally, DO NOT pick or peel the affected area(s), or scarring may occur.
- Avoid prolonged sun exposure, and avoid excess heat; saunas, hot water, etc.
- Use sunscreen as directed.
- Avoid use of Retin-A, Retinol (or similar product) for 5-7 days, unless otherwise recommended.
- Avoid laser or similar methods of hair removal (wax/depilatories) for 48 hours.

What to expect after your treatment:

Visible peeling which will vary with each person. Some will shed layers of skin for several days, while others may experience only light flaking. People who have undergone other anti-aging treatments such as lasers, and/or use retinoids regularly may not shed as much.

You may experience a variable amount of stinging and tightness, these symptoms will subside within 24-48 hours after your treatment.

Mild swelling may occur, use ice and ibuprofen as needed.

The face will peel more quickly and heavily than body areas; where skin is thicker.

Other factors such as medications, weather, and cellular cycle, may affect individual healing.

Even when visible peeling is light, or barely visible, cellular exfoliation occurs and will benefit the skin and stimulate collagen and elastin production.

Please contact us with any questions or concerns.

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